



CASE STUDY: Julie Bertagna Yoga Retreats

Client: Julie Bertagna Yoga. Yoga & Wellness Retreat Leader

Retreat Type: Multi-Day Yoga & Wellness Retreats

Location: Vernonia Springs, Vernonia, Oregon

Group Size: 25

Duration: 3 night – 4 days. Arrive Thursday PM. Checkout 10:00 AM Sunday

Season: Fall



The Challenge

Julie Bertagna Yoga required a retreat venue capable of supporting immersive, multi-day yoga experiences in a calm, private, nature-centered setting with lodging and meals integrated on-site.



The Vernonia Springs Solution

Vernonia Springs provided exclusive access to a forested property designed for overnight group retreats, offering comfortable accommodations, dedicated practice spaces, and natural areas for reflection.

The Experience

- Daily yoga sessions in natural surroundings
- Guided meditation and breathwork practices
- Shared meals integrated into the retreat flow
- Unstructured time for rest and nature immersion

Results & Impact

- Deep participant rest and restoration
- Strong group cohesion
- Meaningful connection supported by setting and flow
- Consistent positive participant feedback

Testimonial

“Vernonia Springs allowed me to hold retreats exactly the way I envision them—grounded, spacious, and deeply supported by the land itself. Having everything in one place makes it possible for participants to truly arrive and settle in.”

— Julie Bertagna

Host Your Retreat at Vernonia Springs

Vernonia Springs offers a private forest setting ideal for business retreats, creative gatherings, and community events. Flexible accommodations, shared meal options, and immersive natural surroundings create space for meaningful connection.



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